



**SIEMENS**

# Women's health depends on a lifetime of answers—one test at a time.

Women and Menopause

[www.siemens.com/women-and-menopause](http://www.siemens.com/women-and-menopause)

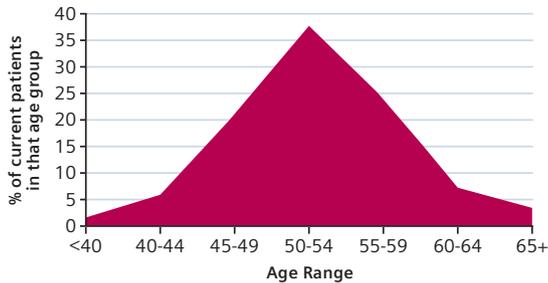
As an integrated healthcare company, our comprehensive solutions follow the complete continuum of reproductive care. In addition, our solutions in healthcare IT support the exchange of data for making informed decisions.

## Women and Menopause

- Menopause is defined as the time when the ovaries cease functioning and menstrual periods stop, marking the end of the reproductive years. A woman is considered to have reached menopause when she has stopped having a monthly period for 12 consecutive months.<sup>1</sup>
- No link has been found between the age of natural menopause and use of oral contraceptives, socioeconomic or marital status, race, or age of menarche.<sup>1</sup>
- While life expectancy has increased over the years, the age of menopause has not changed during the past few centuries.<sup>1</sup>
- Smoking has been identified as lowering the age at which natural menopause occurs.<sup>1</sup>
- An estimated 6000 women in the U.S. reach menopause every day. By the year 2020, the number of women who will be older than 55 is estimated to be 46 million.<sup>1</sup>
- Menopause is the culmination of a process that can begin several years before the final menstrual period. The transitional stage leading up to menopause is called perimenopause, which lasts about four years, but may be longer or shorter.<sup>1</sup>
- With increasing life expectancy, many women will spend up to 40% of their lives in the postmenopausal stage. Half of all women who reach age 50 will live to be at least age 80.<sup>1</sup>

**Answers for life.**

## At what age do menopause symptoms first appear?



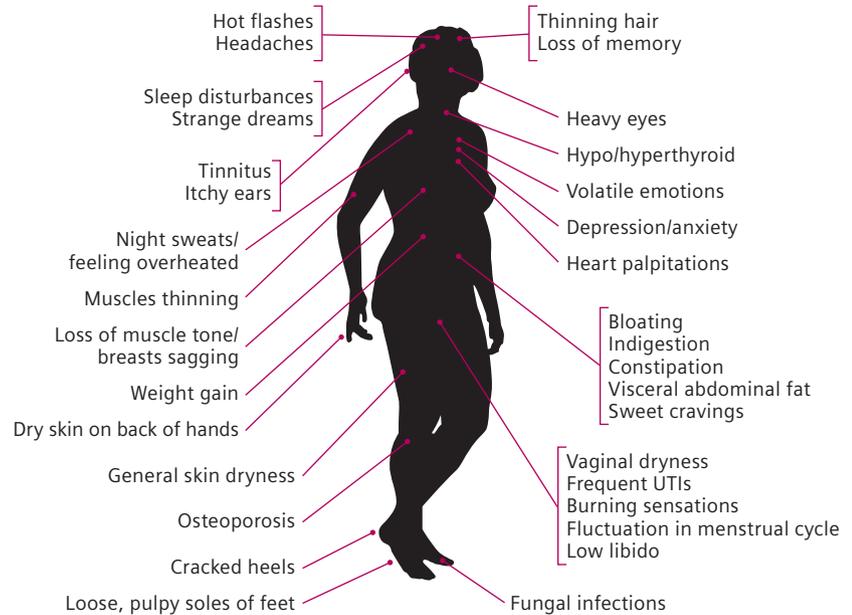
Source: <http://www.knowabouthealth.com/amh-test-to-detect-menopause-age/3604/>

A longstanding market leader in the area of reproductive endocrinology, Siemens Healthcare Diagnostics offers a broad range of systems and assays to address the various clinical needs in reproductive health—throughout life.

### References

1. <http://www.acog.org/~media/NewsRoom/MediaKit.pdf>

## Menopause symptoms



Source: <http://www.yatan-ayur.com.au/menopause-symptoms-checklist>

For more information log onto [www.siemens.com/women-and-menopause](http://www.siemens.com/women-and-menopause)

Empowering you to advance the health and vitality of women throughout the continuum of life. **Your results. Her lifetime.**

Siemens Healthcare Diagnostics, a global leader in clinical diagnostics, provides healthcare professionals in hospital, reference, and physician office laboratories and point-of-care settings with the vital information required to accurately diagnose, treat, and monitor patients. Our innovative portfolio of performance-driven solutions and personalized customer care combine to streamline workflow, enhance operational efficiency, and support improved patient outcomes.

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